



# SOCIAL SAVVY CAMP

**UNLOCK THE DOOR TO SMART SOCIALIZING  
EXPLORE INFINITE POSSIBILITIES.**

Led by speech therapist and behavior therapists with extensive experience with neurodivergent children to learn resilience, perspective thinking, self regulation and flexible thinking



**CALL  
NOW**

**EARLY BIRD  
20% BEFORE 31/5**

**4-6 YEARS : 9:30-11 AM**

**7-10 YEARS : 11-12:30AM**

**4-6 STUDENTS / CLASS**

**15TH JULY - 16TH AUGUST**

**\$1500/90**

**MINUTES**

 Suite 1006, Global Trade Square,  
21 Wong Chuk Hang Road,  
Wong Chuk Hang

 **Application Form**  
 [elisechan@sprout.hk](mailto:elisechan@sprout.hk)  
 [www.sproutinmotion.com](http://www.sproutinmotion.com)



# WHY SPROUT:

Sprout in Motion is one of the leading multidisciplinary child development centers in Hong Kong, with over 10 years of experience in running social skills groups and summer camps for neurodivergent learners.

Designed by Dr. Minna Chau, a seasoned child clinical psychologist in HK, we offer a one-of-a-kind summer camp that teaches participants how to flex their social brain and executive function skills using the renowned Social Thinking curriculum.

Our Summer Social Savvy Camp, taught by speech therapists and behavior therapists with extensive experience working with neurodivergent learners, utilizes a multisensory approach. Through engaging and fun activities, we enable these learners to understand and adapt, become resilient, feel more comfortable around their friends, and ultimately thrive in the social world.

## OUR CAMP AIMS TO TEACH SKILLS IN THE AREAS BELOW:

### 1 RESILIENCE

- Bounce back after a setback
- Use strategies to manage emotions
- Adopt a growth mindset



### 2 PERSPECTIVE TAKING

- Understand other's intention and feelings
- Put others in their shoes
- Be empathetic
- Understand hidden social rules



### 3

### SELF REGULATION

- Adapt effectively to change.
- Stay calm when feeling frustrated
- Manage disappointment



### 4

### FLEXIBLE THINKING

- Come up with different solutions
- Willing to listen to others suggestions
- Accept helps
- Seek help when needed



**THE SOCIAL THINKING CURRICULUM IS A DEVELOPMENTAL, LANGUAGE-BASED, AND THINKING-BASED APPROACH THAT UTILIZES VISUAL FRAMEWORKS, UNIQUE VOCABULARY, STRATEGIES, AND ACTIVITIES TO FOSTER SOCIAL COMPETENCIES.**



Let Superflex teach you  
how to defeat the  
Unthinkables  
and create your  
Thinkables!



Our experienced  
coaches will take your  
child to explore social  
world and become an  
avid explorer to learn  
better in a group.



# Our Team



**Dr. Minna Chau**

Summer Camp Designer  
and Master

Dr. Minna Chau has been assessing and treating children with special needs in Hong Kong, Macau, Mainland China, and the US since 2000. She holds a Ph.D. in Clinical Psychology from Ohio University in the US, with a specialty in neurological disorders such as ADHD, Specific Learning Difficulties (SLD), and Autism Spectrum Disorders (ASD).

She is a diplomate of School Neuropsychology and a full member of the Clinical Division of the Hong Kong Psychological Society as well as an Accredited Clinical Psychologist from the Hong Kong Institute of Clinical Psychologists (recognized by the Health Department in Hong Kong).



**Margaret Yau**

Speech and Language Therapist

Margaret Yau graduated from the University of Hong Kong and is a member of the Hong Kong Institute of Speech Therapists (HKIST).

Margaret utilizes evidence-based approaches to assist preschool and school-aged children with autism spectrum disorder (ASD), attention deficits, developmental delays, and other challenges. Margaret is fluent in English, Cantonese, and Mandarin (Putonghua).



**Liao Min**

Senior Behavioral Therapist

Liao Min has been working with children with Autism since 2012 and is one of the few native Mandarin-speaking Board Certified Behavior Analysts (BCBA) in Hong Kong and PR China.

She received her Master of Education with Distinction in Hong Kong and completed her verified course sequence of BCBA at Peking University School of Medical Education.

Campers can enjoy a discount on our premium individualized training at HKD1000 per hour before or after the group class to maximize the benefit of the camp!



# 智慧社交探索營

解鎖智慧社交之門，探索無限可能

由擁有豐富經驗的言語治療師和行為治療師帶領，專注於與神經多樣性兒童合作，教授他們培養韌性、換位思考、自我調節和靈活思維的技巧。

CALL  
NOW

4-6 歲 : 9:30-11 AM

7-10 歲 : 11-12:30AM




4-6人 / 堂

由7月15日至8月16日

5月31日之前報名，  
可享受早鳥8折優惠  
(20% 折扣)

**\$1500/90 分鐘**

香港黃竹坑道21號  
環匯廣場1006室

 [Application Form](#)  
 [elisechan@sprout.hk](mailto:elisechan@sprout.hk)  
 [www.sproutinmotion.com](http://www.sproutinmotion.com)

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# 暑期營介紹

小黃屋 (Sprout in Motion) 是香港領先的綜合兒童發展中心之一，擁有超過10年的經驗，為不同特殊學習需要的孩子舉辦社交技巧小組和暑期營。

暑期營課程由超過20年經驗的兒童臨床心理學家周碧濤博士設計，在系統的社交思維課程基礎上根據學生的需求加以優化，讓孩子們學習如何在社交中靈活變通及提升大腦執行功能。

暑期營由具有豐富經驗的言語治療師和行為治療師親自教授，並採用多感官教學方法。透過有趣且吸引人的活動，使孩子們更容易理解和適應，增強心理韌性，在與朋友相處時感到更自在，並在社交環境中茁壯成長。

## 暑期營 學習領域及目標

### 1 心理韌性

挫折後能迅速恢復  
運用策略管理情緒  
培養成長性思維  
保持積極的態度



2

### 換位思考

理解他人的意圖和情感  
站在他人的角度思考  
具有同理心  
理解隱藏的社交規則



3

### 自我情緒調節

有效適應變化  
沮喪時保持冷靜  
處理失望情緒  
專注於當下任務



4

### 思維彈性

提出不同的解決方案  
願意聆聽他人的建議  
接受他人幫助  
在需要時尋求幫助



我們的發展性社交思維課程是以語言和思維為基礎的方法，透過可視化框架、獨特的詞彙等策略和活動來培養社交能力。



讓Superflex  
教你如何擊敗  
影響思考的敵人，  
並創造出具有思考能力  
的角色！



我們富有經驗的教練  
將帶領您的孩子  
探索社交世界，  
成為一位熱衷於在  
團體中學習的探險家。



# 課程團隊



周碧潐博士

暑期營課程設計總監

周碧潐博士自2000年以來在香港、澳門、中國大陸和美國超過在超過100所本地及國際學校就讀的4000名學童，提供評估和治療有特殊需求的兒童。周博士在美國俄亥俄大學獲得臨床心理學博士學位，於美國田納西州醫學院實習，專攻腦神經學，如注意力不足過動症（ADHD）、特殊學習困難（SLD）和自閉症譜系障礙（ASD）。她是美國德州女子師範大學取得神經心理學院士，身為香港心理學會臨床分部的正式會員，也是香港臨床心理學師資培訓認可的臨床心理學家（獲得香港衛生署認可）。



邱齊貝

言語治療師

畢業於香港大學，是香港言語治療師學會（HKIST）的成員。

運用以實證為本的方法，幫助學齡前和學齡期自閉症、注意力缺陷、發展遲緩和其他挑戰的兒童改善語言及社交問題。她能流利使用英語、粵語和普通話進行授課。



廖敏

資深行為治療師

從事特殊教育及融合教育工作超過10年，是香港少數以普通話為母語的認證行為分析師（BCBA），並參與主編教材《看圖學社交》。她在香港獲得教育碩士學位，並在北京大學醫學院完成了BCBA認證課程。

在團體課程之前或之後，學員可以享受我們高質量個別訓練的優惠，每小時僅需港幣1000元，以達至最佳學習效果。